



Matcha Lemonade (12-16 oz)

Add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix) to 8 oz of lemonade with ice in a shaker and shake well. Pour into glass and enjoy over ice.

If lemonade is too strong then dilute lemonade by adding cold water and adjust to taste.

1 Matcha Green Tea Smoothie (8-12 oz)

Add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix) to a blender with 6-8 oz. of milk/soymilk and ice. Blend together until smooth or desired results.

Matcha Green Tea Latte (8 oz)

Add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix) to a mug with 3-4 oz. of cold milk. Steam milk until a fine froth develops or until desired effect.

2 Iced Sweet Matcha Green Tea (12-16 oz)

Add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix) to 12 oz. of water with ice and stir until fully dissolved.

Iced Sweet Matcha Milk (8-12 oz)

Add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix) to 8 oz. of cold milk with ice and stir until dissolved. Use an electric frother to create a nice frothy layer if desired.

3 Special Recipes for Matcha Zen Café blend

Morning Matcha Yogurt Banana Smoothie (12-16 oz)

Fill an 8 oz. cup with 4-5 ice cubes and milk/soymilk. Pour contents into a blender and add 1 Tbsp (15g) or 1 stick packet of Aiya Matcha Zen Cafe Blend (Pre-Mix). Then add 2-3 Tbsp of plain yogurt, half of a banana, then blend until smooth. Sprinkle some granola on top for a healthier twist.



Strawberry Rooibos Smoothie (8-12 oz)

In a blender add 1 Tbsp (15g) of Aiya Rooibos Zen Cafe Blend with 6 oz. of milk/soymilk, ice and frozen or fresh strawberries. Then blend until smooth.

Blueberry Rooibos Smoothie (8-12 oz)

In a blender add 1 Tbsp (15g) of Aiya Rooibos Zen Cafe Blend with 6 oz. of milk/soymilk, ice and frozen or fresh blueberries. Then blend until smooth.

Apple Black Tea Smoothie (8-12 oz)

In a blender add 1 Tbsp (15g) of Aiya Black Tea Zen Cafe Blend with 6 oz. of milk/soymilk, ice and a fresh sliced apple. Then blend until smooth.

Sample Rooibos and Black Tea Zen Café Blend Recipes



Rooibos and Black Tea Smoothie or Latte

Rooibos or Black Tea Smoothie (8-12 oz)

Add 1 Tbsp (15g) of Aiya Rooibos or Black Tea Zen Cafe Blend to a blender with 6-8 oz. of milk/soymilk and ice. Blend together until smooth or desired results.

Rooibos or Black Tea Latte (8 oz)

Add 1 Tbsp (15g) of Aiya Rooibos or Black Tea Zen Cafe Blend to a mug with 3-4 oz. of cold milk. Steam milk until a fine froth develops or until desired effect.