

Sproud

**PLANT-BASED.
TASTY AS ***K.**

***K, as in milk. Tasty as milk.

WHY SPROUD BARISTA?


- Perfect Micro Foam and Neutral Taste-Just like Dairy.
- Smooth, Creamy Texture.
- Low in Sugar and Only 4g Carbs per 240 ml
- ♻️ Lowest Carbon Footprint.
- 🌿 Allergen and Gluten Free.
- 🍁 Made in Canada with Locally Grown Ingredients.



Protein Rich **5g** Protein in each serving! **5X** More Protein than Almond Milk

Reduced Carbs **50%** Less Sugar than Dairy Milk **75%** Fewer Carbs than Oat Milk

Highest Sustainability **80%** Less water usage than almond milk **75%** Lower carbon footprint than dairy

Regenerative Farming  Our peas put nitrogen back into the soil, rebuilding soil's organic matter and restoring soil biodiversity

Allergen Free Lactose, Nut, Soy & Gluten Free



6/1L pack size

INGREDIENTS: Water, Non-Gmo Canola Oil, Protein from pea, Agave Syrup, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Gluten Free Oat Oil, Salt, Vitamin A, Vitamin B2, Vitamin B12, Vitamin D.

MADE IN CANADA with Canadian-grown peas

Nutrition facts	
4 servings per container	
Serving size 1 cup (240ml)	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 0.7g	4%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 95mg	4%
Total Carbohydrate 4g	1%
Dietary Fibre 0g	0%
Total Sugars 4g	
Includes 4g added sugars	8%
Protein 5g	10%
Vitamin A 300IU	12%
Calcium 325mg	25%
Iron 1.4mg	8%
Vitamin D 200IU	25%
Riboflavin 0.39mg	30%
Vitamin B12 0.6µg	25%
Potassium 750mg	16%

